

# 2023 SUMMIT & PROGRAM UPDATE



### SEPTEMBER 28 & 29, 2023

- Hyatt Regency
- 401 W. High Street, Lexington KY



**CECENTRAL** 

Accredited for 10.5 CME, CPE, CNE, other units



#### Thursday, September 28

8:30 Registration & Breakfast Exhibits & Poster Hall

Welcome & Announcements Nadeem Talpur, MD

Keynote: From Tragedy to Triumph: Unlocking the Secrets to Stroke Prevention through a Survivor's Lens Christine Cosby-Gaither, Ed.D

10:15 Break/Exhibits & Poster Hall

10:30 Falling in Love with the SPC Role

Misty Lewis, RN 11:30

Door to Needle Panel: **Enhancing Patient Outcomes**  12:15 Lunch Buffet Exhibits & Poster Hall

1:15

Concurrent Sessions: Falling for Interactive Education

 Escaping the Pitfalls of Stroke · Changing Your Perceptions of

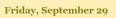
· Raking Up the Benefits of

1:30 Interactive Education 2:20 Break

2:35 Interactive Education 3:25 Break 3:40 Interactive Education

4:30 Closing Announcements Break/Reception Nadeem Talpur, MD

5:00 - 6:30 Update & Strategic Planning Affiliate Awards **Networking Dinner** 



Registration & Breakfast

Exhibits & Poster Hall

Welcome & Announcements Larry Goldstein, MD, FAAN, FANA, FAHA

Keynote: Post-Acute Stroke Care for Recovery and Prevention Need for a Learning Pam Duncan, PhD, PT, FAPTA, FAHA

The Truth About Fibbing Emily Merritt-Lawless, MSPAS, PA-C 10:00

Jessica Lee, MD, FAAN, FANA, FAHA

Break/Exhibits & Poster Hall 10:30 Changing the Stroke Landscape: Duel Role of Mechanical Thrombectomy and Thrombolytics David Dornbos III, MD 12:00 Lunch Buffe Exhibits & Poster Ha Fall Fresh Coverdell Update

2:00 Stroke Mimics and Chameleons Bryan Eckerle, MD, MSc 3:00 - 3:15

Closing Announcements Evaluations/Adjournment Larry Goldstein MD, FAAN, FANA, FAHA















#### **NETWORKING**

GREAT FOOD,
PHOTO BOOTH &
RECEPTION

















#### **THANK YOU TO OUR SPEAKERS!**



### **PRIZE GIVEAWAYS**













#### **DOOR PRIZES**





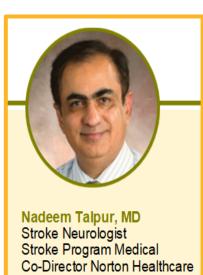




#### DR. NADEEM TALPUR

Thursday, September 28th Moderator









#### DR. CHRISTINE COSBY-GAITHER

# From Tragedy to Triumph: Unlocking the Secrets to Stroke Prevention through a Survivor's Lens



Christine Cosby-Gaither, Ed.D is a respected post-secondary educator, serial entrepreneur, stroke survivor, and the inspiring founder of A Stroke of Grace, a nonprofit organization serving black stroke survivors and their families.

Through navigating entrepreneurship and by supporting students on the campus of Simmons College of Kentucky (the nation's 107th Historically Black College and University), Dr. Cosby-Gaither has built an amazing career, (with a background in public relations), inspiring both organizations and students. In 2019, she experienced a life-changing stroke, which inspired her to help others who look like her to recover.

Dr. Cosby-Gaither's A Stroke of Grace organization helps black stroke survivors, and their families embrace their second chance at life.

Dr. Christine Cosby-Gaither is a source of hope and change in both her

professional and personal life.

Dr. Cosby-Gaither is the author to Overcoming Anxiety: A Practical Guide for Stroke Survivors (Fall 2023) and is the wife to Langston. She is the mother of 2 girls, MaLay and Zuri. Her favorite past time activities are reading and traveling.





### MISTY LEWIS, RN

#### Falling in Love with the SPC Role











# DOOR TO NEEDLE PANEL: ENHANCING PATIENT OUTCOMES

#### Shelly Zielke, BSN, RN Moderator













# FALLING FOR INTERACTIVE EDUCATION

**BREAKOUT SESSIONS** 





#### **ESCAPING THE PITFALLS OF STROKE**

**ESCAPE ROOM SIMULATION** 































#### **CHANGING YOUR PERCEPTIONS OF ASSESSMENT**

INTERACTIVE STATIONS











# SENSORY MOTOR STATION



# **ANATOMY STATION**



# **TERMINOLOGY STATION**



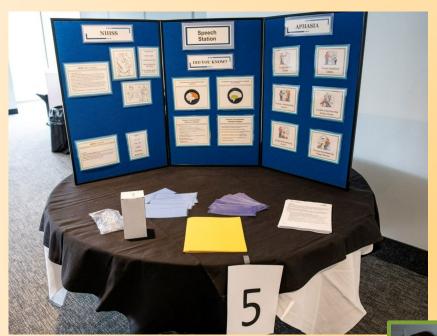
# **VISION STATION**







# **SPEECH STATION**







#### **RAKING UP THE BENEFITS OF GAMIFICATION**

**FAMILY FEUD** 

#### Dr. Kevin O'Connor, Host























# A special thank you to all those that helped with the Door to Needle panel and interactive educational sessions!

Lisa Bellamy

Harold Brown

Margie Campbell

Sarah Campbell

Kelley Elkins

Rosa Hart

Varese Howard

Karen Laufenburg

Misty Lewis

Dr. Kevin O'Connor

Crystal O'Dell

Casey Okong'o

Elizabeth Pruitt

Katie Reckner

Tracy Rexford

Olivia Ross

Lindsey Siewert

Jessica Sumner

Leslie Wise

Shelly Zielke



#### **NETWORKING DINNER**

# SCN UPDATE & STRATEGIC PLANNING MEETING







#### FY24 PI Goals

#### Goal is ≤ 85% for:

Door In Door Out (DIDO)

DNV measure: Door to Transfer to Another Hospital

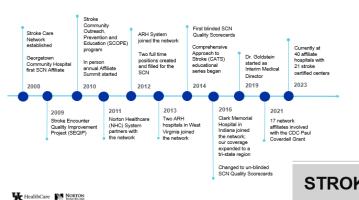
TJC measure: STK-OP-1

Door to Needle Time (≤ 60 minutes)

HealthCare NORTON HEALTHCARE

2023

#### HISTORY: STROKE CARE NETWORK



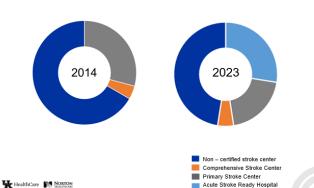


\* ASRH certification started in 2015

#### STROKE CERTIFIED CENTERS

STROKE CARE NETWORK





#### **FY23 STROKE STARS**





**Bill Singletary, RN, BSN, BA, MBM**Stroke Program Coordinator
The Medical Center at Bowling Green



Margie Campbell, BSN, RN Stroke Program Coordinator University of Kentucky



**Tabitha Drane, MSN, RN, SCRN**Stroke Program Coordinator
Owensboro Health Regional Hospital



Misty Lewis, RN Stroke and Trauma Coordinator Hazard ARH Regional Medical Center



Susan Kendrick, BSN, RN Stroke And Trauma Coordinator Highlands ARH Regional Medical Center





#### **STROKE STARS**

CERTIFICATE OF **ACHIEVEMENT** 

This certificate is proudly presented to

Dr. Kevin O'Connor

Stroke Stars shine as beacons of light, embodying the resilience, compassion, and determination required to make a difference in stroke care.





STROKE CARE NETWORK

September 2023

#### DOOR TO NEEDLE PILOT

#### **Purpose:**

To highlight and recognize the challenging work that is being done to achieve faster Door to Needle times for thrombolytic administration.

Q1: Spring View Hospital (11 minutes)

Pic unavailable 🗵

Q2: Hazard ARH Regional
Medical Center
(5 minutes)





Q3: Frankfort Regional Medical Center (19 minutes)

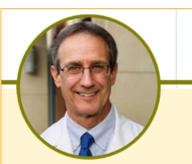
Q4: Frankfort Regional Medical Center (12 minutes)



#### DR. LARRY GOLDSTEIN

Friday, September 29th Moderator





Larry B. Goldstein,
MD, FAAN, FANA, FAHA
Interim Director,
UK-Norton Stroke Care Network
Ruth L. Works Professor and
Chair, Department of Neurology
Associate Dean for Clinical
Research, College of Medicine
Co-Director,
Kentucky Neuroscience Institute
Co-Director, UK Neuroscience
Research Priority Area





## PAM DUNCAN, PhD, PT, FAPTA, FAHA

# Post-Acute Stroke Care for Recovery and Prevention Need for a Learning Health System Approach



Pamela W. Duncan, PhD, PT, FAPTA, FAHA is Adjunct Professor of Internal Medicine and Retired Professor (Department of Neurology). She received her BS degree in Physical Therapy from Columbia University and a PhD in Epidemiology from the University of North Carolina. Her previous academic affiliations were with Duke University, University of Kansas, and University Florida and the Department of Veterans Affairs. She was PI of the VA Rehabilitation Outcomes Research Center and was Co-PI of the University of Kansas Pepper Center. She joined the Wake Forest Faculty in 2011 to develop and evaluate innovative models of care to manage postacute services for patients with medically and socially complex chronic conditions. She was the principle investigator of a PCORI funded large pragmatic trial to implement and evaluate an evidenced-based COMprehensive Post-Acute Stroke Services (COMPASS) model. This

model of care combines CMS transitional care services provided by advanced practice providers (APP) and early supported discharge services coordinated by the APPs to develop with patients and families actionable care plans. Standardized assessments of the social and functional determinants of health are used to individualize care plans to manage blood pressure and stroke risk factors, manage medications, increase physical activity, reduce falls risk, optimize functional recovery, self-management of health and optimize access to primary care and community based services. The cluster-randomized trial included over 40 North Carolina Hospitals and over 10,000 patients.

The COMPASS transitional care intervention, supporting digital applications, and quality performance measures emerged from front line clinical practice at the Wake Forest Baptist Health Comprehensive Stroke Center. The evaluation of this intervention in a pragmatic trial continues to refine delivery of post-acute stroke care and will support scalability of our applications and models of post-acute care to other health systems.

In collaboration with Dr. Cheryl Bushnell, Dr. Duncan was instrumental in receiving multi-center, patient-randomized control trial. This award proposes to assess two interventions to lower blood pressure in the first six months following a stroke - one utilizes telehealth, individualized care planning, and behavioral health coaching to manage physical activity, medication management, and diet, and the other is in-person clinic management. Dr. Cheryl Bushnell is PI of this PCORI project, TEAMS BP.



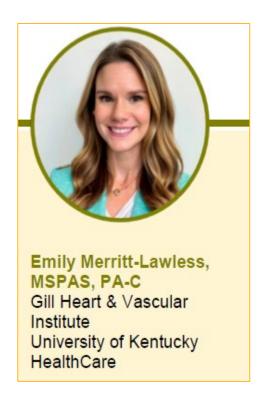






## **EMILY MERRITT-LAWLESS, MSPAS, PA-C**

#### The Truth About Fibbing











# DR. DAVID DORNBOS, III & DR. JESSICA LEE, FAAN, FANA, FAHA

Changing the Stroke Landscape: Duel Role of Mechanical Thrombectomy and Thrombolytics



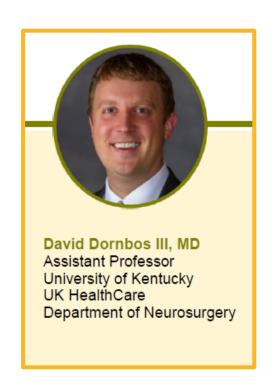
Jessica Lee,
MD, FAAN, FANA, FAHA
Director, UK HealthCare
Comprehensive Stroke Program
Departmental Quality and
Safety Program Officer
Professor and Vice Chair
for Quality
Department of Neurology
University of Kentucky
College of Medicine





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Changing the Stroke Landscape: Duel Role of Mechanical Thrombectomy and Thrombolytics

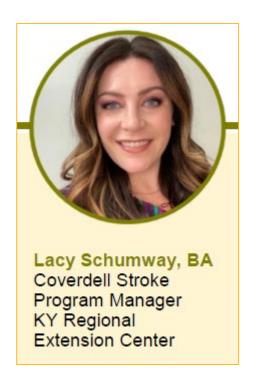






# LACY SHUMWAY, BA

#### Fall Fresh Coverdell Update







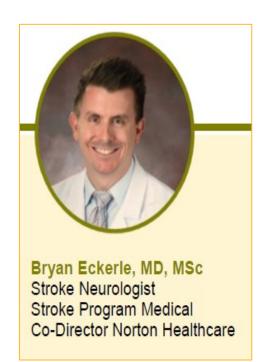






## DR. BRYAN ECKERLE, MSc

#### **Stroke Mimics and Chameleons**









## **AFFILIATE AWARDS**







#### **FOUNDATION AWARD**

#### Frankfort Regional Medical Center





#### **HERO AWARD**

#### Hazard ARH Hospital





#### KARPF AWARD

#### Owensboro Health Hospital





Best in collaboration and promotion of stroke systems of care

#### RISING STAR AWARD

Our Lady of the Way ARH





#### SERVICE AWARD

#### Owensboro Health Hospital





#### TOP PERFORMER AWARD

#### Hazard ARH Hospital





#### **POSTER HALL**





# **EXHIBIT HALL**





















Allergo

#### **HUGE THANKS TO THE SCN EDUCATORS**

HAROLD BROWN & CASEY OKONG'O



